

VOL. 32 | JULY 2024

INDEPENDENT DISABILITY SERVICES

CELEBRATING COMMUNITY, COMMITMENT & CARE

Welcome to the July edition of the IDS Newsletter. This month, we're highlighting the incredible impact of our Client and Carer Engagement Group (CCEG) and their vital role in shaping our services. discover IDS valuable experiences in a new blog by Richard Lee.

We're also focusing on the importance of our commitment to the Disability Worker Code of Conduct and celebrating International Friendship Day. Get ready for a fabulous day of fun, friendship, and fantastic food as we strengthen the bonds within our IDS family.

The spotlight shines on our quiet achiever, Tarizah, our Hero of the Month, and Blessing and Sean, who were nominated by clients and carers as quiet achievers for July. We're proud of their dedication and positive influence on those they support. Stay tuned for more updates, including our commitment to online safety, winter wellness tips, and heartwarming birthday shout-outs to our July stars!

At IDS we're here to support you. The IDS client services team are available to take your calls between 6am to 10pm, 365 days a year. Call us on 03 9340 5100.

JOIN US IN THE CLIENT AND CARER ENGAGEMENT GROUP AT IDS

At IDS, we value your voice immensely. Our Client and Carer Engagement Group (CCEG) is a vital part of our operations, helping shape our services through the invaluable insights from our clients, carers, and team members.

The CCEG regularly contributes to our IDS newsletter, providing a window into their day-to-day experiences and the positive impact they make at IDS. From participating in the hiring process of support workers to enhancing our rostering system and planning cyber security tutorials, your active involvement can make a significant difference. For a deeper understanding of the CCEG's role, visit our website to read the latest blog post by Richard Lee:

<https://www.idsa.org.au/clients-and-carers-engagement-group>

Remember, at IDS, we're always here for you.



COMMITMENT TO THE DISABILITY WORKER CODE OF CONDUCT AT IDS

At IDS, we adhere to the Disability Worker Code of Conduct, a requirement under the Disability Service Safeguards Act 2018 (Vic). It's based on Respect, Quality, and Safety:

Respect: Uphold individual rights, including freedom of expression and privacy of individuals with disabilities.

Quality: Deliver safe, competent support and services. We're committed to integrity, honesty, transparency, and addressing any concerns promptly.

Safety: Prevent and respond to all forms of misconduct and ensure the well-being of individuals with disabilities.

Embrace safety as a disability worker—register with the Victorian Disability Worker Commission (VDWC) today. Visit vdwc.vic.gov.au or call 1800 497 132.

IDS is dedicated to providing high-standard care for our clients.

CELEBRATE INTERNATIONAL FRIENDSHIP DAY ON 30TH JULY 2024 WITH IDS

Let's celebrate International Friendship Day together on 30th July 2024, at our Head Office in Carlton. It's a day to relish the bonds we share within the IDS family.

We have a fabulous day planned, filled with Fun, Friendship, and a Fabulous and Funny Film. And of course, there will be Fantastic Food! So, come dressed to impress and ready to enjoy with friends.

The day starts at 10 am, includes a lunch break, and wraps up at 4 pm. To secure your spot, please contact the office and speak with CB or email

admin@idsa.org.au. Be sure to let us know your food requirements while booking.

We'll also schedule support workers to ensure your attendance.

For any queries, don't hesitate to call our office.

We look forward to seeing you there!

MEET OUR HERO OF THE MONTH: TARIZAH

Our Hero of the Month spotlight shines on Tarizah, a dedicated Disability Support Worker at IDS. Driven by a deep-seated desire to assist people with disabilities, Tarizah transforms each day into an enjoyable experience for our clients.

Her typical day involves supporting clients with their daily activities, from personal care tasks to exercise routines, all delivered with unwavering patience and care. For Tarizah, every day is a valued part of her journey at IDS - making it impossible for her to pick just one 'best day'.

Describing herself as hardworking, reliable, and honest, Tarizah embodies these qualities in her work. With a patient and understanding approach, she provides comfort and security to her clients.

For those aspiring to be DSWs, Tarizah's advice is to be prepared for challenges but also to find fulfilment if caring is your nature. While she hasn't worked with other organisations, she appreciates the caring ethos at IDS that aligns with her work values. On applauding Tarizah's dedication and compassion, it's clear why she is our deserving IDS Hero of the Month.



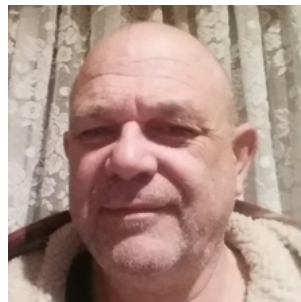
QUIET ACHIEVERS: CELEBRATING BLESSING AND SEAN

We're overjoyed to spotlight Blessing and Sean, our Quiet Achievers, this month at IDS. Blessing was warmly nominated by IDS clients, Merinda and Tayten, who commend her fantastic work. They say: "She's always helpful, and we absolutely love having her. Her punctuality is commendable!"

Blessing's nomination recognises her unwavering dedication, hard work, and the positive influence she brings to those she supports. Her commitment to delivering exceptional care has made a lasting impact on our clients' lives.

Similarly, we'd like to extend our recognition to Sean for his outstanding support to Gary, his loved ones, and the care team. Sean's dedication and client-centred approach reflect IDS core values, truly deserving recognition. We deeply value the service of support workers like Sean, and the feedback a testament to this.

Blessing and Sean, your remarkable contributions do not go unnoticed. Keep up the extraordinary work!



KEEP HEALTHY THIS WINTER WITH BETTER HEALTH CHANNEL

Winter wellness is crucial. The Better Health Channel provides resources in 16 languages to help protect from illnesses this season. The site offers key information on influenza and COVID-19, including vaccination booking, COVID testing, symptom management, and useful contacts.

Visit Better Health Channel's Stay Well This Winter page for these resources:

<https://www.betterhealth.vic.gov.au/stay-well-this-winter>

Also, download translated posters from the Winter Campaign Toolkit to share with your community: <https://www.health.vic.gov.au/our-campaigns/stay-well-this-winter>

Let's stay healthy and safe this winter with IDS and Better Health Channel.

STAY SAFE ONLINE WITH CYBER SECURITY SUPPORT FOR PEOPLE WITH ABI

In light of rising cyber security scams, Monash University is offering a new support initiative for individuals with acquired brain injuries (ABI) who have been affected by online scams.

The 10-session program, specifically designed to help navigate online safety, is being delivered as a trial. Covering topics from identifying scams to managing finances, emotional well-being, and repairing relationships & lifestyle, these sessions aim to empower participants with vital digital and personal skills.

The program is free and funded through Medicare or other organisations such as TAC and NDIS. Sessions will be delivered in small groups via telehealth or in-person in Notting Hill, Victoria, facilitated by professional allied health practitioners.

If you, or someone you know, could benefit from this program, register your interest by emailing cyberability@monash.edu

Additionally, CyberABility offers a free training program to further enhance online safety and avoid scams. Learn more at the CyberABility website:

<https://cyberability.org.au/>

Stay safe online with IDS and CyberABility.

JULY BIRTHDAY SHOUT-OUTS AT IDS

A big Happy Birthday wish to Tony, Layla, Piniata, Marcus, Susan (Lulu), Leanne, Louise, Philip, and Eulie! May your special days be filled with happiness and memorable experiences. We're honoured to accompany you on your journey and look forward to being part of your story in the year ahead.

Here's a toast to our shining July stars!



Independent Disability Services

Changing lives, empowering people



Want to join our online community?

Connect with our social media community by following us on Facebook, Instagram, and LinkedIn.



Love us? Leave us a 5-star Google review!

Search for Independent Disability Services (IDS) on Google. For any additional comments and feedback, call us at (03) 9340 5100.

R **Rebecca**
3 reviews
★★★★★ 4 months ago
Hello I'm one of IDS clients who continue to receive through their valued respected client centred supportive support from the amazing office staff who always are dedicated answering the telephones with cheerfulness and understanding with ... [More](#)
👍 1

j **john lee**
1 review
★★★★★ 10 months ago
it not aother services ... but wonderful life i acheived from there support thanks heaps idsa
👍 2

Z **Zeba Hekmat**
10 reviews · 1 photo
★★★★★ 2 years ago
My sister uses IDS for home supports and she could not be happier. They are thoughtful, responsive and always put her needs first. Lovely to deal with too. Five stars!!!
👍 2